## Week 3 Dishes and their allergen content

(Note - Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s) ${ }^{\dagger}$ )

| Dishes |  |  |  |  |  |  |  |  |  |  | Opis |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts ${ }^{\dagger}$ | Peanuts | $\begin{aligned} & \text { Sesame } \\ & \text { seeds } \end{aligned}$ | Soya | Sulphur Dioxide |
| Pepperoni Pizza |  | $\underset{\text { (wheat) }}{\boldsymbol{J}}$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
|  <br> Tomato pizza |  | $\underset{\text { (wheat) }}{\boldsymbol{J}}$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| BBQ Chicken |  | $\underset{\text { (Barley) }}{\boldsymbol{\nearrow}}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| BBQ Quorn |  | $\underset{\text { (wheat) }}{\boldsymbol{\nearrow}}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Turkey Dinner |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Panini Cheese |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Panini - Tuna \& Cheese |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |

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You can find this template, including more information at www.food.gov.uk/allergyguidance

