## Week I

Monday	Tuesday	Wednesday	Thursday	Friday			
Burger Day Choose from a butcher's quality beef burger or vegetarian burger, baked in the oven, and served on a bun with fresh potato wedges	Creamy Chicken Curry Fresh chicken breast or Quorn cooked with cumin, coriander, ginger, turmeric, coconut milk and natural yogurt served on a bed of rice with naan bread	Roast Dinner Choose from either home roasted joint of pork or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy	Chilli Nachos Choose from either mince beef or Quorn cooked with onions, mild chilli, red peppers, and kidney beans topped with tortilla chips, cheese and served with rice.	Fish 'Fry-day' Choose from a battered cod fillet or breaded cod fillet fingers all baked in the oven & served with chips			
Served with							
Sweetcorn	Green Beans	Carrot & Swede and/or Broccoli	Broccoli	Peas or Baked Beans			

or

## Jacket potatoes

served with a side salad are also available daily - choose from a variety of fillings

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### Deli Bar - Available Everyday

Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.







#### And for dessert

Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers.

## And finally, a drink

A selection of the following drinks will be available daily.
fresh fruit juice - apple, orange or cranberry or water.
Freshly made milkshakes - chocolate or strawberry available on Wednesday & Friday

# Week 2

Monday	Tuesday	Wednesday	Thursday	Friday			
Sausage & Mash Choose from butcher's quality sausages or Quorn sausages baked in the oven and served on a bed of mashed potato with gravy	Hot chicken wrap Chicken strips cooked in a mild seasoning, wrapped in a tortilla wrap with onions & peppers served with rice.	Roast Dinner Choose from either home roasted topside of beef or a Quorn fillet, served with Yorkshire pudding, roast potatoes and gravy	Pasta Bolognaise  Minced beef cooked with onions, garlic, tomatoes, mushrooms, and herbs served on a bed of pasta	Fish 'Fry-day' Choose from a battered cod fillet or breaded cod fillet fingers all baked in the oven & served with chips.			
	Or  Quorn strips cooked in a mild seasoning wrapped in a tortilla wrap with onions & peppers served with rice.		Or  Cauliflower & Broccoli Pasta Bake  Cauliflower and broccoli florets covered in a creamy cheese sauce and mixed with pasta,				
Served with							
Garden Peas	Sweetcorn	Carrot and Swede and/or Broccoli	Green Beans	Peas or Baked Beans			
or							

## Jacket potatoes

served with a side salad are also available daily - choose from a variety of fillings

or

## Deli Bar - Available Everyday

Design your own sandwich, first choose your bread – wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot, and peppers.







#### And for dessert

Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers.

## And finally, a drink

A selection of the following drinks will be available daily.

fresh fruit juice – apple, orange or cranberry or water.

Freshly made milkshakes – chocolate or strawberry available on Wednesday & Friday

## Week 3

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Monday	Tuesday	Wednesday	Thursday	Friday				
Pizza Day  A selection of homemade pizza, choose from:  Cheese & Tomato or Pepperoni served with pasta spirals	BBQ Chicken Choose from fresh chicken pieces or Quorn pieces cooked in a homemade BBQ sauce and served on a bed of rice	Roast Dinner Choose from either home roasted joint of turkey or a Quorn fillet, served with Yorkshire pudding, roast potatoes & gravy	Panini Choose from either Cheese, Cheese & ham, Tuna & Cheese, or the daily special, served with freshly roasted wedged potatoes	Fish 'Fry-day' Choose from a battered cod fillet, breaded cod fillet fingers or simply a salmon fillet, all baked in the oven & served with chips				
Served with								
Sweetcorn	Peas	Carrot and Swede and/or Broccoli	Sweetcorn or Baked Beans	Peas or Baked Beans				
or								

## Jacket potatoes

served with a side salad are also available daily - choose from a variety of fillings

or

#### Deli Bar - Available Everyday

Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.







### And for dessert

Choose from a piece of Home Bakery, Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers.

## And finally, a drink

A selection of the following drinks will be available daily.
fresh fruit juice - apple, orange or cranberry or water.
Freshly made milkshakes - chocolate or strawberry available on Wednesday & Friday