



# Christ Church Primary School



Together we can do all things through Christ who strengthens us

Re: Year 5 support for Summer Term

Dear Parents and Carers,

I am writing to you to inform you of some support sessions that we have booked in for Year 5 for the Summer Term. There has been repeated 'fall outs' across the Year 5 cohort this year with some children having friendship difficulties. We know that the COVID lock downs have not helped this for our children as they may have missed vital opportunities for developmental social experiences. Some children are very confident and do not always realise the impact of this on other children, whilst other children are anxious about their friendships and need to develop their confidence.

At Christ Church, we want to make sure that we address this and help the children so that they have positive relationships and the skills to manage socially, to be compassionate friends, to improve their independent problem solving skills whilst also having the opportunity to build their self-esteem and selfworth. This will benefit them as they prepare to transition into Year 6 and then onto secondary school and teenage years: we hope it will also make life easier for families at home!

We have secured some sessions with Flourish who are a company who specialise in wellbeing and relationships therapy who work across many other Wirral schools. They will work with groups of children from across the year group on a Wednesday afternoon and we hope that the children will learn some strategies, which will help them to develop socially and emotionally.

Flourish will also be holding a couple of sessions for parents to give you some strategies to support your children with friendships, in particular how to keep your children safe online and using their phones appropriately. Dates to be confirmed.

Yours sincerely,

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