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|  | Weekly Well Being | Autumn 1 7 weeks  | Autumn 27 weeks | Spring 16 weeks | Spring 26 weeks | Summer 15 weeks | Summer 26 weeks |
| **FS2** | **Stretch & Reflect,** **Mindfulness,****Run4Fu, Go Noodle** | **Baseline Assessment** (Wk1 both lessons)**Orienteering** (10hrs input refer to teaching resource) | **Gym** (12hrs input refer to teaching resource) | **Ball skills** (Hand, feet & eye coordination)**Each child to have their own ball.**(Last week 2hr inter year group football tournament)  | **Gym**(12hrs input refer to teaching resource) | **Athletics** (12hrs input refer to teaching resource)(Last week 2hr mini Olympic tournament)**Swimming** | **Baseline Assessment** (Last week of Term both lessons)**Tennis** (5hr input refer to teaching resource)**Dance** (4hr input)(Dance performance) |
| **YR 1** | **Stretch & Reflect,** **Mindfulness, Run4Fun,** **Go Noodle** | **Baseline Assessment** (Wk1 both lessons)**Orienteering** (10hrs input refer to teaching resource) | **Gym** (12hrs input refer to teaching resource) | **Ball skills** (Hand, feet & eye coordination)**Each child to have their own ball.**(Last week 2hr inter year group football tournament)  | **Gym**(12hrs input refer to teaching resource) | **Athletics** (12hrs input refer to teaching resource)(Last week 2hr mini Olympic tournament)**Swimming** | **Baseline Assessment** (Last week of Term both lessons)**Tennis** (5hr input refer to teaching resource)**Dance** (4hr input)(Dance performance) |
| **YR 2** | **Stretch & Reflect,** **Mindfulness, Run4Fun, Go Noodle** | **Baseline Assessment** (Wk1 both lessons)**Orienteering** (10hrs input refer to teaching resource) | **Gym** (12hrs input refer to teaching resource) | **Ball skills** (Hand, feet & eye coordination)**Each child to have their own ball.**(Last week 2hr inter year group football tournament)  | **Gym**(12hrs input refer to teaching resource) | **Athletics** (12hrs input refer to teaching resource)(Last week 2hr mini Olympic tournament)**Swimming** | **Baseline Assessment** (Last week of Term both lessons)**Tennis** (5hr input refer to teaching resource)**Dance** (4hr input)(Dance performance) |

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| **YR 3** | **Stretch & Reflect,****Mindfulness, Run4Fun** | **Baseline Assessment** (Wk1 both lessons)**Orienteering (3hrs input)****inc visit to Ashton Park****Tag Rugby** (7hrs input refer to teaching resource)(Last week 2hr inter year group tournament) | **Hockey** (6hrs input refer to teaching resource)(Last week 2hr inter year group tournament)**Gym** (6hrs input refer to teaching resource) | **Netball**(8hrs input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Cricket**(10hrs input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Athletics**(10hrs input refer to teaching resources)(Last week 2hr mini Olympic tournament)**Swimming** | **Baseline Assessment** (Last week of Term both lessons)**Tennis** (5hr input refer to teaching resource)**Dance** (5hr input)(Dance performance) |
| **YR 4** | **Stretch & Reflect,****Mindfulness, Run4Fun** | **Baseline Assessment** (Wk1 both lessons)**Orienteering (3hrs input) inc visit to Ashton Park****Tag Rugby** (7hrs input refer to teaching resource)(Last week 2hr inter year group tournament) | **Hockey** (6hrs input refer to teaching resource)(Last week 2hr inter year group tournament)**Gym** (6hrs input refer to teaching resource) | **Basketball**(8hrs input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Cricket**(10hr input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Athletics**(10hrs input refer to teaching resources)(Last week 2hr mini Olympic tournament)**Swimming** | **Baseline Assessment** (Last week of Term both lessons)**Tennis** (5hr input refer to teaching resource)**Dance** (5hr input)(Dance performance) |
| **YR 5** | **Stretch & Reflect,****Mindfulness, Run4Fun** | **Baseline Assessment** (Wk1 both lessons)**Orienteering** (3hrs input refer to teaching resource)**inc visit to Ashton Park****Tag Rugby** (7hrs input refer to teaching resource)(Last week 2hr inter year group tournament) | **Hockey** (6hrs input refer to teaching resource)(Last week 2hr inter year group tournament)**Gym** (6hrs input refer to teaching resource) | **Basketball** (8hrs input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Cricket**(10hr input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Athletics**(10hrs input refer to teaching resources)(Last week 2hr mini Olympic tournament)**Swimming** | **Baseline Assessment** (Last week of Term both lessons)**Tennis** (5hr input refer to teaching resource)**Dance** (5hr input)(Dance performance) |
| **YR 6** | **Stretch & Reflect,****Mindfulness, Run4Fun** | **Baseline Assessment** (Wk1 both lessons)**Orienteering (3hrs input)****inc visit to Ashton Park****Tag Rugby** (7hrs input refer to teaching resource)(Last week 2hr inter year group tournament) | **Hockey** (6hrs input refer to teaching resource)(Last week 2hr inter year group tournament)**Gym** (6hrs input refer to teaching resource) | **Basketball**(8hrs input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Cricket**(10hr input refer to teaching resource)(Last week 2hrs inter year group tournament) | **Athletics**(10hrs input refer to teaching resources)(Last week 2hr mini Olympic tournament)**Swimming** | **Baseline Assessment** (Last week of Term both lessons)**Tennis** (5hr input refer to teaching resource)**Dance** (5hr input)(Dance performance) |