**Week 1**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| ***Sausage & Mash***  Choose from a butcher’s quality sausage or Quorn sausage served on a bed of creamy mashed potato with gravy | ***Creamy Chicken Curry***  Choose from fresh pieces of chicken breast or Quorn pieces cooked with cumin, coriander, turmeric, ground ginger, garlic, coconut milk and natural yogurt. Served on a bed of rice with Naan bread | ***Roast Dinner***  Choose from home roasted topside of beef or a Quorn fillet served with mashed potatoes, Yorkshire pudding and gravy | ***Pasta Bolognaise***  Minced beef cooked with onions, garlic, tomatoes, mushrooms, and herbs. Served on a bed of pasta | ***Fish ‘Fry-day’***  Breaded cod fillet fingers baked in the oven & served with chips |
| ***Served with*** | | | | |
| **Peas** | **Sweetcorn** | **Carrot & Turnip** | **Broccoli** | **Baked Beans** |
| **Or** | | | | |
| ***Reception – Year 3***  ***Grab Bags – Available Everyday***  Each grab bag will contain a sandwich/wrap/pasta pot, a crudité pot, a piece of fruit, a home bakery, and a drink.  Choose from a wrap or sandwich with a choice of filling including ham, cheese, tuna mayo or Chinese chicken. A pasta pot is also available with a tuna mayo or tomato topping.  Choose from a selection of drinks including apple juice, orange juice, blackcurrant juice or water.  ***Years 4 - 6***  ***Deli Bar - Available Everyday***  Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.  **C:\Users\newpark-sbm\Desktop\Sch Meal pics\images (3).jpg C:\Users\newpark-sbm\Desktop\Sch Meal pics\images.jpg** | | | | |
| ***And for dessert*** | | | | |
| Home bakery, fresh fruit, fruit pots, yogurt or cheese & crackers are available every day. | | | | |
| ***And Finally, a drink*** | | | | |
| A selection of the following drinks will be available daily  fresh fruit juice – apple or orange or water. | | | | |

**Week 2**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| ***Hot Dogs***  Choose from a butcher’s quality sausage or Quorn sausage served in a roll with dry roasted wedges | ***BBQ Chicken***  Fresh boneless chicken thighs cooked in a bbq sauce and served on a bed of rice | ***Roast Dinner***  Choose from home roasted turkey joint or a Quorn fillet served with roast potatoes, Yorkshire pudding and gravy | ***Mince & Mash***  Fresh beef mince cooked with onions in a gravy and served with mashed potato | ***Fish ‘Fry-day’***  Breaded cod fillet fingers baked in the oven & served with chips |
| ***Served with*** | | | | |
| **Sweetcorn** | **Green Beans** | **Carrots & Peas** | **Broccoli** | **Baked Beans** |
| **Or** | | | | |
| ***Reception – Year 3***  ***Grab Bags – Available Everyday***  Each grab bag will contain a sandwich/wrap/pasta pot, a crudité pot, a piece of fruit, a home bakery, and a drink.  Choose from a wrap or sandwich with a choice of filling including ham, cheese, tuna mayo or Chinese chicken. A pasta pot is also available with a tuna mayo or tomato topping.  Choose from a selection of drinks including apple juice, orange juice, blackcurrant juice or water.  ***Years 4 - 6***  ***Deli Bar - Available Everyday***  Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.  **C:\Users\newpark-sbm\Desktop\Sch Meal pics\images (3).jpg C:\Users\newpark-sbm\Desktop\Sch Meal pics\images.jpg** | | | | |
| ***And for dessert*** | | | | |
| Home bakery, fresh fruit, fruit pots, yogurt or cheese & crackers are available every day. | | | | |
| ***And Finally, a drink*** | | | | |
| A selection of the following drinks will be available daily  fresh fruit juice – apple or orange or water. | | | | |